

About Capoeira Cubs

Ages three through six are the most important years of your child's development. Our Capoeira Cubs program will teach your preschoolers important life skills with an exciting, enriching and age-appropriate curriculum that is always fun. We will teach your child coordination, concentration and self-control, which are critical to success in school, relationships and life.

Professor Aranha began training Capoeira in 1994 as part of an extracurricular high school activity coordinated by Master Puma of Group Capoeira Resistencia. Aranha trained with Master Puma from 1994 to 1999 until he decided to move to Group Capoeira Brasil training under Master Cabeça. He arrived in America in 2003 and started teaching classes on the East Coast, in Albany, NY, at SUNY before moving to California. In April 2008 Professor Aranha started the first Capoeira Brasil classes in San Francisco and now teaches classes for kids and adults in the Haight and Richmond Districts.



CAPOEIRA CUBS

PRESCHOOLERS LOVE
CAPOEIRA CUBS!

More Than Just Capoeira

Our Capoeira Cubs program will keep your child physically fit as well as at home, at school and in any social situation. Capoeira Cubs will improve your child's motor and mental skills to help them face life's challenges. They'll increase their confidence, be a better listener and more ambitious to succeed, and have a positive, enthusiastic outlook.

Your Family-Values Partner

Think of our Capoeira Cubs program and the Professor as your partners, reinforcing the same values you teach your child at home, such as good manners for one's self and others, following directions the first time and many other skills.

Contact

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